

Krishna Vishwa Vidyapeeth

(Deemed to be University), Karad

Curriculum for Fellowship in

Pain & Palliative Medicine

Duration 1 year

GOALS

The fellowship aims at helping the general practitioners and specialists in symptom management in debilitated and chronically ill patients. There is a huge need to create awareness on palliative medicine in the scenario of huge rise in chronic diseases like cancer, neurological disorders, renal failure and musculoskeletal disorders.

OBJECTIVES

Candidates at the end of one year training should be able to:

- Provide comprehensive pain management (physical, psychosocial and spiritual) and symptom control in chronically ill patients.
- Ensure quality of life in incurable diseases

ELIGIBILITY:

MBBS degree from recognized medical college in India or equivalent.

SYLLABUS:

1. Introduction to palliative care

- Definition and scope and principles
- Different modes of delivery of palliative care
- Low tech and high touch

2. Clinical Management Part 1

- Pain
- Concept of total pain
- Assessment
- Pathophysiology
- Management (Drug, Non-Drug)
- Judicious use and availability of opioids
- Availability, Storage / stocking /dispensing
- Legal issues

3. Clinical management Part 2:

- Symptoms of Gastrointestinal system:
 - Nausea, Vomiting
 - Constipation, diarrhea
 - Intestinal obstruction
- Symptoms of respiratory system

Breathlessness its causes and relief

- Systematic management of other systems

4. Introduction to communication skills

- Breaking bad news
- Interactive sessions
- Listening skills
- Anxiety and Depression

5. Emergencies in palliative care:

- Early detection and management emergencies
- Practical management of terminal phase
- Manage grief among care givers and children
- End of life care: Signs of impending death

6. Palliative Medicine in other settings

- Chronic renal failure
- Cardiac failure
- Respiratory diseases
- Neurological and musculoskeletal disorders

7. Palliative care in pediatrics and geriatrics

- Pain assessment
- Dosage schedule

8. Ethics and legal issues

- Ethics in different clinical situations

9. Nursing Issues

- Management of fungating wounds
- Prevention and Management of pressure sore
- Different aspects of care of a bed-ridden/Unconscious patient

Logbook:

Detailed reports of fifteen cases including psychosocial and spiritual issues

Training Schedule:

1. Introductory theory twice a month sessions
2. Weekly case discussions
3. Modules with assignments with periodic assessment
4. Hands on training of palliative care procedures.
5. Log books: 15 case studies

ASSESSMENT

- Assignments
- Case presentation - clinical case weekly once
- Seminar: Topic presentation on subject relevant to palliative medicine using audiovisual aids followed by discussion

- Viva/Oral examination

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Duration of the Program : 1 year

Tuition Fee of the Program : USD 2000

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